

Write or Pray a Psalm

1. God, I feel _____

<u>GLAD</u>	<u>SAD</u>	<u>ANGRY</u>	<u>CONFUSED</u>	<u>SCARED</u>	<u>WEAK</u>
Amused	Apathetic	Aggravated	Anxious	Afraid	Ashamed
Calm	Awful	Annoyed	Awkward	Anxious	Bored
Capable	Bad	Critical	Baffled	Concerned	Defenseless
Cheerful	Blue	Disgusted	Bothered	Fearful	Discouraged
Confident	Crushed	Enraged	Crazy	Frightened	Embarrassed
Content	Depressed	Envious	Dazed	Horrified	Exhausted
Energetic	Despondent	Fed up	Disorganized	Insecure	Fragile
Excited	Disappointed	Frustrated	Disoriented	Intimidated	Frail
Fantastic	Dissatisfied	Furious	Distracted	Jumpy	Guilty
Grateful	Disturbed	Hateful	Disturbed	Lonely	Helpless
Happy	Down	Impatient	Embarrassed	Nervous	Horrible
Healthy	Gloomy	Irate	Helpless	Panicky	ill
Hopeful	Glum	Irritated	Numb	Shaky	Impotent
Optimistic	Hopeless	Mad	Paralyzed	Shy	Inadequate
Peaceful	Hurt	Mean	Puzzled	Stunned	Insecure
Proud	Lonely	Murderous	Stuck	Tense	Lifeless
Powerful	Lost	Outraged	Surprised	Terrified	Lost
Relaxed	Low	Rage	Trapped	Threatened	Overwhelmed
Relieved	Miserable	Resentful	Troubled	Timid	Powerless
Satisfied	Painful	Spiteful	Uncertain	Uneasy	Quiet
Secure	Sorry	Sore	Uncomfortable	Unsafe	Useless
Wonderful	Terrible	Upset	Unsure	Worried	Vulnerable

2. Because _____

3. My prayer is _____

4. I trust you because _____